

Pain Management Instructions

Generally, narcotic pain medication is prescribed following oral surgery. Many patients find they do not require the stronger prescription medication for pain relief.

Additionally, you may experience side effects from these medications that include nausea, vomiting, drowsiness, dizziness, and constipation.

You should not drive and avoid consuming alcohol while taking narcotic pain medications.

The following is a regimen that minimizes or eliminates the need for the narcotic pain medications. We recommend that you follow the first level and move to the second level of pain management if needed for more severe pain relief.

Please call us if you have any questions or would like further clarification.

We are always here for you.

First Level of Pain Management (Mild to Moderate Pain)

Take Ibuprofen (Advil) 400 to 600 mg every four to six hours

Plus

Take Acetaminophen (Tylenol) 500 mg every four hours

Second Level of Pain Management (Severe Pain)

Take the prescribed pain medication as directed on the bottle

Continue taking ibuprofen as instructed in the first level.

However when taking the prescription pill you no longer need to take the Acetaminophen (Tylenol).

The prescription pain medication contains Acetaminophen (Tylenol).

For example, you may take the following:

400-600 mg ibuprofen (two to three over-the-counter Advil) every four hours.

One regular strength (500mg) acetaminophen every four hours

OR

400-600 mg ibuprofen (two to three over-the-counter Advil) every four hours.

One prescription pain medication every four hours

Do not exceed 4,000 mg of acetaminophen per day.

If you have any questions please call the office!

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